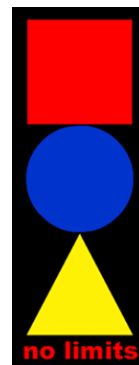


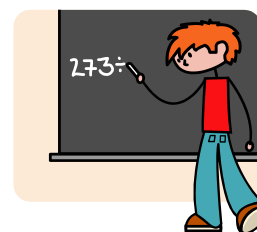
transition time



workshop outline

This workshop provides pupils making the transition from primary to secondary school with the skills to hit the ground running from the start.

- **'frenzy'**: a fun and interactive game to help pupils adapt to their new timetables
- **goal setting and visualisation**: the importance of setting goals for achievement and visualising successful attainment of these goals
- **link-mapping**: a new way of taking notes that are easy to access and encourage successful recall
- **managing transition**: enabling pupils to approach their move to secondary education in a positive and enthusiastic way
- **supporting each other**: highlighting the benefits of having a peer group support network
- **relaxation**: a useful life skill to enable pupils to maximise their learning potential



who for?	Year 6 - 7
how long?	2 x 2-hour workshops per day
how many?	Up to 40 pupils per workshop
how much?	£8.75 + vat per student (minimum charge applies)
what next?	Call 0115 8752508 or email jane@nolimitseducation.co.uk